



*Adult Services Division:*

### Domestic Violence Offender's Intervention Program

CBB's Adult Services Division provides a court approved and accepted Domestic Violence Offender's Education Program (DVOIP) for those who are court ordered to complete a domestic violence abuser/offender program as a stipulation of their parole or probation. This course is also available to anyone who wishes to learn the impacts of anger and aggression and ways this can lead to unhealthy relationships of ultimately partner violence.

CBB's DVOIP is unique because it specifically focuses on a two phase interactive approach to behavior modification of the offender (anger management and cognitive thought processes) as it impacts domestic violence. Clients are shown how anger develops and can lead to verbal and physical outbursts, the five types of rage reactions, and how to treat anger turned inward. Facilitators utilize cutting edge instructional material that consciously connects anger management and domestic violence, two long separated fields, and addresses treatment options and intervention methods that meet the needs of individual clients, couples families, and groups. Three approaches utilized during the program are:

- Describing anger and domestic violence while focusing on helping the client learn principles of cognitive restructuring to dramatically alter their behaviors
- Assess for anger problems and/or domestic violence cues that are potential indicators for future violence
- Group treatment, individual, couples, and family treatment approaches for anger problems that contribute to domestic violence

CBB will address fair and balanced treatment options for gender specific issues, reflected in the diversity of the clients and addressing jealousy, chronic anger, behavioral problems, group and individual counseling, and more. The three treatment approaches that will be used are:

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- Behavioral
- Cognitive
- Affective
- Existential/Spiritual

*Adult Services Division: (DVOIP continued)*

Domestic Violence Offender's Intervention Program

DVOIP description:

- **\*\*13, 26, or 52 session program\*\***
- Classes meet weekly
- Intake assessment and Intake assessment fee includes all course materials
- Fees are per session and are paid directly to CBB staff **PRIOR** to class start time
- Sliding fee scale is available (has to be approved per CBB facilitator at intake)
- Late fees imposed for lateness to sessions
- Weekly collaboration with Parole/Probation Officer to inform of attendance
- Completion of 13, 26, or 52 week program satisfies court mandated attendance
- Certificate of completion provided once course is successfully completed
- Strict attendance police enforced
- All fees are non-refundable for program

**\*\*Community Bridge Builders has established and created a thorough Domestic Violence Offenders Education program that is specifically tailored to address clients who are on parole or probation. CBB has established partnerships with Baltimore City and Baltimore County Parole and Probation offices to ensure that this program is being offered to clients with the approval of CBB being a preferred provider for the service. CBB does not determine the course length (13, 26, or 52 weeks). The length of your program is based on the expectation of your court order and/or parole or probation officer. CBB does not have any decision making power/influence into the program length expectation. \*\***

**\*\*\*\*Christopher Maith Sr.MSW is a Certified Domestic Violence Specialist (CDVS-I) with the National Anger Management Association. Domestic Violence Offender classes facilitated by Mr. Maith are recognized by all jurisdictions of the United States Courts and satisfy requirements for successful completion of a domestic violence offender's program. \*\*\*\***

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