



Youth Services Division:

Classes & Group Facilitation

CBB's Youth Services Division offers classes and group facilitation that are specifically designed to meet the need of the individual, group, and referring source. CBB can accommodate facilitating these classes or groups at its main office, or CBB's Professional Development Staff will come to your business and perform these trainings at a date and time of your convenience. CBB has been providing experienced facilitation of classes for almost a decade in the following areas:

- Anger Management
- Self Esteem Building
- Violence Intervention
- Social Skills Development
- Anti-Bullying
- Conflict Resolution
- Communication Skills
- "Understanding Your Parents"
- "Keeping it 100"
- "Stand Out not Blend In"

Community Bridge Builders incorporates a "parents support & strengthening" component into its facilitation of youth classes and groups. CBB recognizes that parents are a very crucial contributor to the youth's development and maturation process and need to be adequately equipped with the community supports and education needed in order to address the evolving challenges that youth face on a daily basis. Many of these challenges will impact the relationships between the youth and parent. CBB will incorporate a parent portion to the groups to assist the parents with strengthening their skills and resolve to interact effectively with their children.

*****Christopher Maith Sr.MSW is a certified Anger Management Specialist with the National Anger Management Association. Anger management classes facilitated by Mr. Maith are recognized by all jurisdictions of the United States Courts and satisfy requirements for successful completion of an anger management program. *****

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